

## Allergy & Asthma Institute of Southeast Michigan

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### Medications Affecting Allergy Testing

There are many different allergy medications that will affect skin testing. If you are taking something that is not on this list and you are not sure, please call the office.

- 1) Discontinue these antihistamines **7 days** prior to your testing appointment:

Allegra or Allegra D (fexofenadine)	Optivar (azelastine) eye drop
Antivert (meclizine)	Periactin (cyproheptadine)
Astelin nasal spray (azelastine)	Phenergan (promethazine)
Atarax (hydroxyzine HCL)	Vistaril (hydroxyzine)
Clarinet (desloratadine)	Xyzal (levocetirizine)
Claritin or Claritin D (loratadine)	Zyrtec or Zyrtec D (cetirizine)
Clemastine (Tavist)	Hismanal (astemizole) – Discuss with Dr. Mayer
Doxepin	

- 2) Stop taking these antihistamines, cold & flu preparations **3 days** prior to your testing appointment. Read the ingredient labels on all medications, particularly over the counter “sinus”, “cold” or “flu” medications for any of the following ingredients:

Acrivastine	Chlorpheniramine
Azatadine	<b>Diphenhydramine</b>
<b>Benadryl</b>	Methscopolamine
Brompheniramine	Phenindamine
Carbinoxamine	Pyrilamine

- 3) Stop using these eye drops **3 days** prior to the appointment:

Alomide eye drop	Optron-A eye drop (OTC)
Livosten eye drop	Patanol eye drops
Naphcon-A eye drop (OTC)	Visine (OTC)

- 4) Some antidepressants interfere with allergy testing. Stop taking these **7 days** before your testing appointment:

Amitriptyline	Imipramine
Clomipramine	Nortriptyline
Desipramine	Protriptyline
Doxepin	

- 5) The following herbal supplements should be discontinued **3 days** prior to testing:

Licorice, Green Tea, Saw Palmetto, St. John's Wort and Feverfew

- 6) Prednisone should not be taken on the day of the testing appointment.

- 7) Nasal sprays (except Astelin) may be continued.

- 8) Asthma medications, including Singulair, should be continued.

**\*\*\* DO NOT \*\*\* stop taking your other routine medications, such as medications that treat blood pressure, asthma, diabetes, etc.**

### For Oral Food Challenges

In addition to discontinuing the above medications for the appropriate number of days, you must also:

- Discontinue the following medications for **2 days** prior to the test: **Pepcid, Tagamet or Zantac**
- **Do not use albuterol** (Proventil, Ventolin, Xopenex) **the morning of the challenge only**
- **Do not use Advair** inhaler either **the night before or the morning of the challenge**
- **DO** continue usual daily maintenance medicines, such as Flovent, Pulmicort or Singulair